

A Time for Everything: Eight Needs

There comes a time in life when one desires, more than ever, to come to grips with the realities of existence. Older age is one such time.

"There is a time for everything, and a season for every activity under the heavens:

- a time to be born and a time to die,
- a time to plant and a time to uproot, ...
- a time to scatter stones and a time to gather them, ...
- a time to keep and a time to throw away, ..."

(Ecclesiastes 3:1-8, NIV)

Specifically, there is a time in life when one sees, more than ever, a need to:

- (1) Cherish the preciousness of a human life.
- (2) Recognize the reality of impermanence and death.
- (3) Understand the inexorable law of cause and effect.
- (4) Accept four basic realities of life.
- (5) Recognize the need to streamline and downscale.
- (6) Prepare oneself for peaceful dying.
- (7) Embrace a loving and peaceful view toward life.
- (8) Adopt a spiritual path.

When these needs are met (as much as is reasonable and possible), a peaceful and confident dying can follow.

These needs will be examined in greater detail on this website.

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